

September 2009 MENU

SIGNATURE BOX

- 1.5 lb. Rib eye Steaks (3 x 8 oz.)
- 1.81 lb. (avg.) Perdue Tray Pack Split Chicken Breast (2 large breasts)
- 4 lb. Chicken Thighs
- 1.5 lb. Pork Chops (4 x 6 oz.)
- 1 lb. 80/20 Lean Ground Beef
- 1.5 lb. 100% White Meat Turkey Burgers (4 x 6 oz.)
- 12 oz. Deli Ham
- 1 lb. Frozen Sweet Potatoes
- 1 lb. Frozen Green Beans
- 15 oz. Pears (Product of U.S.A.)
- 12 oz. Orange Juice Concentrate (100% juice, no sugar added)
- 3 lb. bag Fresh Idaho Potatoes
- 2 lb. bag Fresh Onions
- 32 oz. 2% Shelf Stable Milk Dozen Eggs Dessert

\$30.00

SENIOR & CONVENIENCE MEALS

- Country Herb Chicken** with Mashed Potatoes, Broccoli & Green Bean Blend
 - Beef Stew** with Carrots & Potatoes, Brussels Sprouts, Corn/Red Pepper Blend
 - Chicken Parmesan** with Fettuccini Noodles, Brussels Sprouts & Zucchini
 - Mesquite Chicken** with Rice/Black Bean Blend, Carrots, Green Beans
 - Swedish Meatballs** with Pasta, Broccoli Carrots & Red Pepper
 - Chicken & Broccoli Alfredo** with Carrots, Zucchini/Red Peppers
 - Macaroni & Beef** with Noodles, Carrots Zucchini/Red Peppers
 - Chicken & Rice** with Mushroom Sauce, Green Beans, Black Bean/Corn Bread
 - Breaded Baked Fish** with Wild Rice, Corn & Peas
 - Spaghetti & Meatballs** with Corn, Peas & Carrots
- Desserts:** Assorted Cookies, Strawberry Applesauce, Mixed Fruit Cup, Pineapple Fruit Cup, Grape Juice, Fruit Punch

\$28.00

ALLERGEN-FREE FOOD BOX

- Allergen Free Frozen Food Products**
- 1 lb. Breaded Chicken Breast Chunks
 - 1 lb. Breaded Chicken Tenders
 - 1 lb. Breaded Chicken Wings
 - 1 lb. Breaded Steak Fingers
 - 1 lb. Breaded Chicken Fillet Patty
- Battered with water, white rice, brown rice, modified tapioca starch, flax seed, sugar, salt, spices, dehydrated garlic, spice extractives and oleoresin paprika.*
- Breaded with white rice, brown rice, modified tapioca starch, flax seed, sugar, dextrose, salt, spices, dehydrated garlic, spice extractives and oleoresin paprika. Breading is pre-browned in Canola oil.*
- Allergen Free Dry Mix Products**
- 1 lb. Pancake/Waffle Mix
 - 1 lb. Vanilla Cake Mix
 - 1 lb. Blueberry Muffin Mix
 - 1 lb. Cobbler Crust Mix

\$35.00

Available For Pre-Order Now!!! Thanksgiving Holiday Box \$36.00

*The Thanksgiving Holiday Box will be featured for pre-order from September 1, 2009 through October 28, 2009. * This year we have an exciting menu that we think your friends and family will enjoy and will make a nice gift for anyone that you believe needs a little uplifting around the holidays. This will not affect the normal November order period.*

- 7 lb. (avg.) Perdue Roaster
- 2.5 lb. Boneless Netted Ham
- 2 lb. Frozen Diced Sweet Potatoes
- 3.5 lb. (avg.) Frozen Corn Cobbett's (12)
- 2 lb. Frozen Green Beans
- 1 lb. Frozen Cranberries
- 17 oz. Ready to Cook Corn Bread Dressing
- 8 ct. Heat and Serve Large Dinner Roll
- 4.5 oz. Brown Gravy Mix
- 1 Dessert Item (Pie or Cake)
- 1 Recipe Sheet with scripture

*All boxes will be delivered in November

SEPTEMBER SPECIAL #1

\$23.00

7 lb. Assorted Meat Grill Box

- 1.5 lb. Bone In New York Strip Steaks (2 x 12 oz.)
- 2 lb. Baby Back Pork Rib
- 2 lb. Lean Hamburger Steaks (4 x 8 oz.)
- 1.5 lb. Italian Sausage with Cheese

SEPTEMBER SPECIAL #2

\$22.00

5 lb. Assorted Meat & Chicken Combo

- 2 lb. New York Strip Steaks (4 x 8 oz.)
- 1.5 lb. Bacon Wrapped Ribeye (4 x 6 oz.)
- 1.5 lb. Bacon Wrapped Chicken Filet (4 x 6 oz.)

SEPTEMBER SPECIAL #3

\$21.00

11 lb. Random Size Split Chicken Breast Box

- 11 lb. Split Chicken Breast (20-24 ct.)

SEPTEMBER SPECIAL #4

\$22.00

Fresh Fruit and Veggie Box

- 1 head Premium New York State Green Cabbage
- 3 lb. Premium Idaho Baking Potatoes
- 2 lb. Premium Western Grown Yellow Onions
- 1 lb. Premium New Crop Carrots
- 1 Premium Extra Large New Crop Butternut Squash
- 4 Premium New Crop Bartlett Pears
- 3 lb. Premium New Crop Golden Delicious Apples
- 3 lb. Premium New Crop McIntosh Apples
- 1 Premium California Vine-Ripened Cantaloupe
- 1 Premium Haas Avocado
- 1 Premium Tree Ripened Mango
- 6 1.5 oz. Package California Seedless Raisins
- 1 pkg. Uncle Wiley's Homemade Apple Pie Spice

Ordering: **August 29th 12-1pm, Sept 9th 10am-1pm & 4-6pm**

Distribution: **Sept 26th 12-1pm**

All orders must be prepaid. We accept Food Stamps (EBT), Cash or Money Orders. (No Personal Checks)

You can now order online with your debit or credit card. Just follow the "Order Online!" link on our website www.BaldwinAngelFood.org

Contact Lisa Peck @ 898-3245 or baldwinangelfood@gmail.com with any questions.

Check out our website at www.BaldwinAngelFood.org